

# 18 POUNDS OF BLOOD

Is the average quantity in a healthy adult, but it is the quality of the blood that determines our strength to resist sickness. With weak blood we find cold hands and chilly feet; in children an aversion to study, and in adults rheumatic tendencies.

In changing seasons get abundant fresh air and take a spoonful of Scott's Emulsion after meals, because Scott's Emulsion is a rich blood-food that will increase both quantity and quality of the blood while it warms the body and helps carry off the impurities.

When multitudes of people are today taking Scott's Emulsion to avert winter sickness, and are giving it to their children, it is careless to neglect its benefits. Look out for substitutes.

Scott & Bowne, Bloomfield, N. J. 15-36

## SHIP BUILDING ON THE GREAT LAKES.

Chicago, Mar. 5.—The shipbuilding industry on the Great Lakes, after lying dormant more or less for half a decade, is enjoying a revival of prosperity, according to reports from shipyards at and near Cleveland, O., Detroit, Mich., Toledo, O., Duluth, Mich., Buffalo, N. Y., Chicago and smaller Great Lake ports.

The opening of the Panama Canal, the activities of submarines and the healthy increase in exports are considered the immediate causes of the shipbuilding boom. The claim is made, without denial from the builders, that old ships and vessels now under construction, are bringing better prices than in many years.

This boom will bring millions of dollars of business to the dozen or so of shipbuilding companies, has created new work for hundreds of men and already has caused the rebuilding of old yards and the planning of several new ones.

The demand is strong for both lake and ocean vessels and only the inability of the builders to give assurance of delivery of the ships by 1917, stands in the way of even heavier orders. Foreign interests are prominent among the buyers.

With the first clash of arms in Europe, shippers saw the necessity for obtaining boats quickly to carry merchandise to foreign and domestic ports. One New York capitalist obtained at least four large Great Lake package freighters. At the Welland Canal these ships had to be cut into sections before they could continue the trip to the coast.

The tremendous amount of shipping that has gone to the bottom in the war zone, together with the fact that many of the shippers in England have been turned over almost exclusively to ships of war, has forced foreign buyers to look to American shipbuilders for new vessels, and some foreign buyers are ready to pick up any ship for sale on the seaboard.

Cleveland alone reports the closing of contracts for 46 vessels at an aggregate cost of more than \$8,000,000 and that negotiations are in progress for

39 more ships. These orders are being filled at Cleveland, Toledo, Lorain and Ashtabula, O., Ecorse and Manitowoc, Mich., and Buffalo, N. Y. The yards at these cities are said to have all the business now that they can handle during the year.

The Toledo Shipbuilding Company is working on an eastern order for five schooners with auxiliary power plants to be used in coastwise trade. A lake freighter, 600 feet long also is being put up at Toledo. The total tonnage of the Toledo contracts is said to be 20,000.

Detroit reports the receipt of orders for a score of ships by Michigan companies and Ohio firms not mentioned in the Cleveland reports. The tonnage of the vessels that will be under construction in Michigan harbors during 1916 is estimated at 100,000.

Duluth says the first ship to be built at the Superior Mich. yards since 1910 will be constructed this year "provided the steel can be secured." The scarcity of steel also is mentioned from Detroit. The inability to purchase greater quantities of building material, Detroit says, has prevented several companies from enlarging their plants.

At Chicago, the Calumet docks which have been occupied only with repair work during the last eight years, have just received an order for the construction of a freight steamer, 250 feet long and 42 foot beam. This boat, which is to be launched the latter part of April was ordered through New York agents for a concern in Norway, the name of which is not known at the Calumet docks.

Detroit firms have received orders from eastern shippers which under normal conditions would have been built on or near the salt water. Eastern coast shippers, it is evident, are buying freighters wherever they can be obtained.

Of these ships ordered at Cleveland a score will be built at Lake Erie yards, whence they will be sent to the Atlantic coast, and a dozen or more will be launched for use on the Great Lakes during the current year. Four more are to be delivered to the coast in 1917.

The American Shipbuilding Company at Cleveland has an order for six steam freighters from Norwegian interests and the Toledo Shipbuilding Company for four boats from the same source. The latter company also is building six auxiliary schooners for New York interests.

The Manitowoc Shipbuilding Company has orders for three steam trawlers from a Boston concern and for a government survey boat to be used in Alaskan waters. Five huge bulk freighters are to be built by the American Shipbuilding Company at its Lorain yards in 1916 and ten in 1917. Orders for seven other such boats for 1916 delivery have been distributed among smaller shipyards on the Great Lakes.

At Cleveland it is understood that Italian interests are negotiating for 28 ocean going trading vessels of 3,600 tons each. In addition to all this building activity, 21 freighters with a total capacity of 112,700 tons have changed hands on the Great Lakes in the vicinity of Cleveland since the first of the year. Since last October, when the present boom first began to be felt, 80 vessels with an aggregate tonnage of 500,000 have been sold on the Great Lakes. This is exclusive of package freighters and Canadian ships.

A new shipbuilding company has just been organized at Duluth by Captain Alexander MacDougall, who has been interested in the Collingswood yards. The new company already has an order for a boat of the Welland Canal size.

### "Of Two Evils."

"Dis is painful fer me, mum," said the ragged visitor. "What do you mean?" asked the charitable housewife. "Ashin' yer fur a bite to eat." "Then why do you do it?" "Because goin' without would be a whole lot more painful."—Birmingham Age-Herald.

Children who have worms are pale, cross, fretful and sickly most of the time. To rid the little body of these parasites WHITE'S CREAM VERMIFUGE is an approved remedy. When the worms have been driven out, the child grows strong, healthy and robust. Price 25c per bottle. Sold by Bonnar Drug Co.

**Deaths From Preventable Diseases.** Statistics tell us that 650,000 lives are destroyed annually in the United States by diseases of the preventable class. The annual economic loss from this source is estimated at \$1,500,000,000, or six times the amount of our fire loss.

### A Specific Against Colds.

The nearest thing to a specific against colds is a sleeping porch or open bed room and a cold sponge bath every morning when you first get up. Even then you will occasionally take a cold, especially when colds are epidemic, and when you do you will find Chamberlain's Cough Remedy a great help in enabling you to get rid of it. Try it. Obtainable everywhere.

## REPUBLICANS SHOW GREAT ACTIVITY

MUCH INTEREST IN RACE FOR COMMITTEEMAN — J. A. HARRIS SEEMS TO BE IN MAJORITY, ACCORDING TO FRIENDS.

Oklahoma City, March 5.—Republicans of Oklahoma are making much more of a stir over the selection of a national committeeman than are the democrats. It may be that they see a hope of becoming the majority party in Oklahoma or in the nation. It may be just that they are more interested in the political game than the democrats. There have been two conventions thus far held in congressional districts of this state by the republicans for election of delegates to the republican national convention from those districts. There will be six other congressional conventions for the same purpose. Then there will be the state convention which will select four delegates at large to the national convention.

In the two district conventions so far held the friends of James A. Harris of Wagoner, present republican committeeman, have held the majority of power and have chosen men friendly to Harris for delegates.

In connection with this situation and the instructions that have been given for Harris in the two conventions so far held, it is interesting to note that the followers of J. J. McGraw of Ponca City, the opponent of Harris for the place, are claiming that the state convention to be held in this city March 22 will choose the national committeeman and that the instructions to delegates to the national convention have nothing to do with the national committeeman contest. These point out that the call for the state convention enumerates the selection of a national committeeman as one of the purposes of the convention. A statement from the headquarters of Mr. McGraw in this city contains the following:

"The real campaign for national committeeman will come, therefore, in the selection of delegates to the state convention, for the republicans of the state are not likely to permit Alva McDonald, who is the manager of the Harris campaign, to dictate to them in this particular. Trading and unfair methods have secured a few instructed delegates to the national convention for Mr. Harris, but republicans who are fair are beginning to insist now that Harris should stand by the call for the state convention. He was a member of the committee that framed the call, and they contend that he is bound by it, even though it had not been the regular way."

### DANGERS OF DRAFT.

Drugs feel best when we are hot and perspiring, just when they are most dangerous and the result is neuralgia, Stiff Neck, Sore Muscles or sometimes an attack of rheumatism. In such cases apply Sloan's Liniment. It stimulates circulation to the sore and painful part. The blood flows freely and in a short time the stiffness and pain leave. Those suffering from neuralgia or neuritic headache will find one or two applications of Sloan's Liniment will give grateful relief. The agonizing pain gives way to a tingling sensation of comfort and warmth and quiet rest and sleep is possible. Good for neuritis, too. Price 25c, at your druggist.

### Should Remember Soft Pedal.

The New Yorker who has had an old grand piano transformed into a spacious writing desk may properly be expected to keep his foot on the soft pedal if he finds it urgent to compose letters of the sort that so often get into court when that contraption is not firmly pressed.

### Keep Your Bowels Regular.

As everyone knows, the bowels are the sewerage system of the body, and it is of the greatest importance that they move once each day. If your bowels become constipated, take a dose of Chamberlain's Tablets just after supper and they will correct the disorder. Obtainable everywhere.

### THEY ARE NOT SHIPPED IN

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Visit our Greenhouses and see for yourself

**FRESH CARNATIONS**  
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## PROPOSED AMENDMENTS FOR VOTERS

SEVERAL CHANGES SUBMITTED BY LEGISLATURE — MEASURE DESIGNED TO TAKE PLACE OF GRANDFATHER CLAUSE.

Oklahoma City, March 5.—In addition to the nominations to be made by the several political parties at the election to be held by Oklahoma, Aug. 1, this year, a large number of proposed amendments to the state constitution are to be passed upon by the voters.

The recent extraordinary session of the state legislature framed one proposed amendment that is of general importance, for the reason that it affects the right of suffrage. This amendment is a sort of grandfather clause based upon patriotism or service in the armies and navies. Men who have thus served and their descendants are exempted from any literacy test; others must pass such test in order to be entitled to vote. It is obvious that the test will fall most heavily upon the negroes.

Another amendment is that initiated by the socialist party of this state, which is intended to change the election laws so that each of the three parties having the largest following in this state shall have equal representation in the management of elections. This would, of course, give to the socialists and republicans the same power that the democrats would have in these elections. There is some reason to believe that this question may not be submitted by the governor at the August election, the theory being that an act of the recent legislature gives him the power to defer it until November.

### Submitted by Regular Session.

The regular session of the fifth legislature passed eight resolutions submitting proposed amendments to the people and providing that they shall be voted on in the August primary election. One of these would repeal the section of the constitution known as 12a, which was adopted in 1914, having been initiated by Senator Campbell Russell of Muskogee county. This section provides that all taxes collected for maintenance of the common schools of this state from public service corporations shall be paid into the common school fund of the state and distributed as are other common school funds of the state. It will be observed that this would benefit some counties by taxes collected in other counties, the variance being observed in the amount of public service corporation taxes collected in the counties. This amendment has never become operative, the courts having held that it is not self-executing. Senator Russell will probably submit for the voters an initiated law vitulating this provision at the same time they are asked to vote to repeal the section.

An amendment that is contained in a resolution of the regular session would abolish the county courts of the state and give to the district courts all the jurisdiction that is now enjoyed by the county courts. This is one of the amendments that Governor Williams sought to have submitted. It will bring about a bitter fight and the campaign on it is expected to be very vigorous. It would abolish a lot of offices—and the tenacity of the Oklahoma officeholder and office seeker is such as to hold on to the last resort.

### Court Consolidation Proposed.

Another amendment that was urged by Governor Williams would consolidate the supreme court and the criminal court of appeals and permit the court thus constituted to sit in divisions. This amendment will also be opposed, it is believed, by the justices of the criminal court of appeals.

The right of trial by jury is declared to be a good thing and that it shall remain inviolate is also asserted in the preamble to another proposed amendment that also has the approval of Governor Williams. This amendment would make juries of eight men ample in civil and criminal cases and would permit a verdict by concurrence of three-fourths of the jurors in all cases save felonies. This amendment is also destined to meet with opposition.

Incorporated cities and towns are particularly interested in a proposed amendment that would permit issuance of bonds to the extent of 5 per cent of the valuation of the taxable property therein when three-fifths of the qualified taxpaying voters of such town or city should assent thereto.

An amendment that is likely to be opposed on principle by the embattled array of patriots who want all the elective offices maintained would pro-

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PHONES

174 and 134

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PHONES

174 and 134

vide that the clerk of the supreme court be appointed by the supreme court. The office is now elective.

Compulsory compensation by employers in case of death of an employee is the subject of another proposed amendment that will be on the ballot in the August election.

### For State Commission.

The other proposed amendment, as prepared by the regular session of the legislature, would create a state tax commission which would take the place of the present state board of equalization. This proposal seems to be popular and it may not result in drawing the opposition of all the people who seem likely to oppose many of the amendments which seek to change the official roll of the state.

Arguments for the voters in behalf of the amendments submitted by the legislature are to be prepared by a committee to be named by the president of the senate and the speaker of the house of representatives. These arguments will be printed in pamphlets by the secretary of state, whose duty it is to send a copy of the arguments to each voter in the state, not less than thirty nor more than forty days before the date of the election. There will be nearly 300,000 of these pamphlets to be mailed out under this law and the work that is to be done in the office of the secretary of state in this behalf will be hurried and strenuous.

### Where Contractor Got His.

"That's a nice house you've built there, Subbubs; but it's rather thrown in the shade by that new mansion next door." "Yes; that's the contractor's house, built out of the profits he made on mine."—Boston Transcript.

### COLDS QUICKLY RELIEVED

Many people cough and cough from the beginning of fall right through to spring. Others get cold after cold. Take Dr. King's New Discovery and you will get almost immediate relief. It checks your cold, stops the racking rasping, tissue-tearing cough, heals the inflammation, soothes the raw tubes. Easy to take, antiseptic and healing. Get a 50c bottle of Dr. King's New Discovery and keep it in the house. "It is certainly a great medicine and I keep a bottle of it continually on hand" writes W. C. Jesseman, Francoia, N. H. Money back if not satisfied, but it nearly always helps.

### Finger Marks.

Furniture has a bad habit of getting finger marked. And it is a good thing to know that sweet oil will remove all signs of them if the furniture is of the varnished variety. But kerosene is better for furniture which is oiled or waxed.

### CATARRH CANNOT BE CURED

With LOCAL APPLICATIONS, as they cannot reach the seat of the disease, Catarrh is a local disease, greatly influenced by constitutional conditions, and in order to cure it you must take an internal remedy. Hall's Catarrh Cure is taken internally and acts through the blood on the mucous surfaces of the system. Hall's Catarrh Cure was prescribed by one of the best physicians in this country for years. It is composed of some of the best tonics known, combined with some of the best blood purifiers. The perfect combination of the ingredients in Hall's Catarrh Cure is what produces such wonderful results in catarrhal conditions. Send for testimonials, free. F. J. CHENEY & CO., Props., Toledo, O. All Druggists, 75c. Hall's Family Pills for constipation.

**Figures.**  
A female authority announces that men have better figures than women. But you may have noticed that a man never gets a front seat in a theater because he wants to see what the chorus men are not wearing.

### Give Thyself.

The only gift is a portion of thyself. Therefore the poet brings his poem; the shepherd, his lamb; the farmer, corn; the miner, a gem; the sailor, corals and shells; the painter, his picture; the girl, a handkerchief of her own sewing.—Emerson.

### Decoration of Sweet Potatoes.

Sweet potatoes, placed in cut glass or other bowls filled with water, send forth a decorative yellowish-green vine, which has become very popular, according to report, the plants requiring no earth whatever, but consuming an inordinate amount of water.

The area of Italy is 110,000 square miles, while the area of California is 158,000 square miles. And nearly all of California is grape country.

### Clears Complexion

Don't worry about skin troubles. You can have a clear, clean complexion by using a little Zemo, obtained at any drug store for 25c, or extra large bottle at \$1.00.

Zemo easily removes all traces of pimples, black heads, zema, and ringworm and makes the skin clear and healthy. Zemo is neither watery, sticky nor greasy and stains nothing. It is easily applied and costs a mere trifle for each application. It is always dependable.

Zemo, Cleveland.

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TIME TABLE No. 6

In Effect 12:01 a. m., October 6, 1915. Supersedes Time Table No. 5 of September 6, 1914

Westbound No. 3 No. 1	T. T. No. 6 Effective 12:01 No. 2 No. 4	Eastbound No. 2 No. 4
Passenger Daily	Wednesday October 6th 1915.	Passenger Daily
P.M. A.M. Lv. Ar.	STATIONS	A.M. P.M. Ar. Lv.
3:00 7:00	Ardmore	10:30 6:50
5:05 7:04	West Ardmore	10:25 6:44
5:20 7:25	Lone Grove	10:05 6:20
4:05 7:55	Wilson	9:55 6:10
4:45 8:35	Ringling	9:55 6:15
P.M. A.M. Ar. Ar.	STATIONS	A.M. P.M. Lv. Lv.
	W. J. STONERBURNER, Gen. Superintendent	

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